

#LHKidsAtHome

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Follow @iloveLHKids on Facebook & Instagram for daily videos at 10:00 am and Sundays at 4:00 pm.</p>			<p>18 Pantry City: Use household or pantry items to construct a toy city.</p>	<p>19 Play with sidewalk chalk in the driveway. Play hopscotch, draw a maze or play tic-tac-toe.</p>	<p>20 Create It! Take your old broken crayons and make melted crayon art</p>	<p>21 Garden! If you can't outside, make an indoor garden using soil from outside and seeds.</p>
<p>22 Sabbath Host a watch party online with your friends and family & Join LH on Facebook.</p>	<p>23 Build It! Use household items to build the tallest tower possible.</p>	<p>24 Move It! Ride bikes around your neighborhood & pray for your neighbors.</p>	<p>25 Create a volcano</p>	<p>26 Play charades as a family.</p>	<p>27 Create your own costume! Clean out your closets. Cut up old t-shirts and turn them into capes.</p>	<p>28 Build a fort as a family. Campfire songs and s'mores make it even better!</p>
<p>29 Sabbath Send an e-vite to a friend or relative to watch LH online with you.</p>	<p>30 Home Chef: Kids Edition Make cookies from scratch.</p>	<p>31 Move It! Have a family exercise competition.</p>	<p>April 1 Look up your favorite practical jokes on YouTube and get ready to prank your family!</p>	<p>2 Paper Airplane Content!</p>	<p>3 Write your own book! Then facetime a friend or relative & read your book to them.</p>	<p>4 Look through old family photos and talk about your family history.</p>
<p>5 Sabbath Be a digital missionary! Invite someone to tune in to LH online with you.</p>	<p>6 Backyard Nature Scavenger Hunt. Find the following: acorn, flower, Y-shaped stick, clover, leaf, rock, etc.</p>	<p>7 Move It! Make an obstacle course throughout your entire house. Then race through as a family.</p>	<p>8 Family Dance Party Check out the LH Kids playlist on Spotify.</p>	<p>9 Practice hand-writing skills by writing out your favorite Bible verses.</p>	<p>10 Have a game night and play your favorite board games or card games.</p>	<p>11 Family Car Wash</p>
<p>12 Sabbath Take turns sharing your favorite Bible verse and praying.</p>	<p>13 Make homemade play-doh.</p>	<p>14 Use masking tape to create a tightrope course For an extra challenge, ask kids to balance things as they walk the course.</p>	<p>15 Lego Challenge: Make a list of things to build: house, tower, car, etc. Divide into teams and see who builds the best!</p>	<p>16 Write a letter to a friend or relative. Younger kids: Draw a picture to send to a loved one.</p>	<p>17 Family Movie Night. Set up blankets, pillows, and "dine in" while you watch your favorite family movie.</p>	<p>18 Let your kids pick out a recipe and make dinner together as a family.</p>

Sample Daily Schedule

Kids thrive with structure so we recommend developing some version of a daily schedule or routine. Don't compare or freak out! Be realistic. You know your kids, your family, and the current demands in your home. Pray & ask God for wisdom. Above all, trust Him!

- 7:00-8:00: Breakfast & get dressed
- 8:00-8:30: Bible reading & prayer
- 8:30-9:00: Free play or morning chores
- 9:00-10:00: Outdoor play (take a walk, bike)
- 10:00-11:00: Creative play (Art, draw, paint)
- 11:00-12:00: Reading or school work
- 12:00: Lunch
- 12:30-2:00: Rest & Quiet Time
- 2:00-3:00: STEM play (Magnatiles, build a fort, Legos, blocks, science experiments)
- 3:00-4:00: Outdoor play or indoor movement (Cosmic Kids Yoga, Dance Party)
- 4:00-5:00: Screen time
- 5:00-6:00: Evening chores & make dinner
- 6:00: Family Dinner
- 6:00-8:00: Family time

Resources & Websites:

- [Connect with Long Hollow Online](#)
- [New Testament Reading Plan](#)
- [70 Ways to Keep Your Kids Busy](#)
- [Cosmic Kids Yoga](#)
- [Cincinnati Zoo Live Stream at 3:00 pm](#)